

Trauma Informed Hampshire County:

A network responding to adverse childhood experiences by building resilience

Coordinating Council Minutes

Thursday, Feb. 24, 2022

1:00-3:00 p.m.

Item	Next steps/By Whom
<p><i>Present: Rosie M, Heather C, Heather W, Ariane K, Steve B, Sheila M, Ruth E, Melinda C., Laurie L.</i> <i>Regrets: Chase G, Jenifer U</i></p> <p>Welcome</p> <ul style="list-style-type: none">• After a brief breathing/grounding moment, we did a jamboard in answer to “A defining moment for me” around an identity (being female, immigrant, Jew, working class, etc). It was a powerful exercise that we’d like to do with the whole network group. We also talked about ways to offer support to anyone who might need it after this, like doing private chats, going into a break out room, checking in after the meeting for anyone who wants to stay, etc.	<p>Be connected to each other as we do this work</p> <p>Rosie, Laurie and Chase will lead March 10 mtg on this</p>
<p>Committee/Team Reports & Discussion</p> <ul style="list-style-type: none">• We seem to have agreement that this group will be referred to as the interim Coordinating Council.<ul style="list-style-type: none">• Fundraising Team: Steve is chair and he convened the group that included HC, HW, SM, RE, and LL (see names above). Heather C organized a meeting with Rep. Lindsay Sabadosa on 2/25 to ask for funding support. She said we could request funds for FY2023 from the legislature, especially if it’s a small amount (under \$25,000) without too much trouble. She requested a brief one pager to explain what we need money for and identify the organization that will manage the funds and program deliverables (CES), which she will need before March 1. HW and Sue Cairn at CES will meet with their admin to get approval and support. MC has funds to distribute through the Massachusetts Tobacco Control Program (MTCP) and believes they will be very interested in supporting our work as a way to do upstream drug/tobacco prevention by focusing on trauma work. We will need justification for how TIHC will support this prevention work, and how we address racial equity and social determinants of health. Additional funds from MTCP available beyond June 30 but it’s not clear yet. We could request around \$10,000. Funds will go towards staffing and consulting salary, training stipends, plus creating a website that is ADA accessible. We discussed the importance of getting clear on what we’d use a website for, and allocating enough money to get it created and useful, probably \$5,000. The Blue	<p>HW will write up details about CES as fiscal agent for Lindsay. Steve, Ruth and others will continue to work on grant writing.</p>

Cross/Blue Shield grant is just about done, but might make sense to wait on applying since other funds might be assured at this time. We can use the language already written up for others though.

- **Programming Team:** Chase convened this group with Rosie and Laurie. They created a google form that anyone can fill out with ideas for speakers or topics for future meetings, which can then be vetted by the Programming team to be sure focus stays on our priorities, which will include DEI (diversity, equity and inclusion). March 10 meeting should focus on presenting the Strategic Compass plan, taking full ownership of it and getting buy in from others. We talked about ways to keep it central, like always attaching it to the minutes or agenda, putting it on our website (once it's built!), etc. Also, for 3/10, giving updates from each of the teams and recruiting others to join. They mentioned the Wisdom of Trauma film and entire series was purchased by the N'ton Recovery Center but Ruth pointed out that we also own it and have talked about using parts of it during meetings to promote discussion.
- **Governance Team:** this group has not met yet but will soon. We discussed the general concepts of by-laws and some structure that makes our organization clear and accessible and the need/opportunity for vision. Re: March 10 mtg: HW agreed to present on the strategic compass process, with support from Ruth, but after discussion we agreed it didn't make sense to have full group vote on accepting the plan since no one is used to that, we don't have membership and it might seem forced or inappropriate. Laurie made a motion that this group wholeheartedly accept the Strategic Compass and present it to the network. It was seconded and passed unanimously. Agreed we need to use the "raised hand" function at meetings to ensure it's both orderly and that everyone gets heard without having to push for recognition. Also need a timekeeper.
- **Policy (not meeting yet):** Jenifer is chair, but has been out on bereavement and had another family medical emergency so was unable to attend today, but has been enthusiastic about reconvening this group.

PT will continue to meet and plan for 3/10.

Melinda is chair of GT and will reach out to others to convene soon.

Jenifer will organize meeting when she can.

The Roadshow Plans

- Plans for Roadshow: March 22 general public training being offered again, which Chase and Ruth will likely lead.
- Train the facilitator training: Ruth requested we clarify if we want to charge for this or just charge ahead and get it scheduled? Since it's not easy at this time for us to accept donations (HW will continue to work on getting clarification from CES grants office, but they are in transition now, so challenging time), there was agreement that we should just schedule it and invite those who have expressed interest. Also agreed that the pre-requisite would be attending at least one Roadshow as a participant. Instead, let's put aside funds to support the half day training if we get these grants, so we don't have to charge at this point. There is a benefit to having a revenue generating source of income, but this might not be the time to set this up.

Ruth will send out email announcement about Roadshow including to the 50 people who signed up in January but didn't come to it. Ruth will begin organizing for the train-the-trainer. Steve agreed to help her lead it.

<p>Planning April, May TIHC network meetings</p> <ul style="list-style-type: none">• See notes above under Programming.	Zoom link has been sent out: ZOOM LINK
<p>Steering Committee Meetings: 3/24; 4/28; 5/26; 6/23 from 1-3 pm. On zoom until further notice. https://us02web.zoom.us/j/83954720597?pwd=UGY4UzhVaFRRM0dFK1g0WUIPcHBVdz09</p>	➤