## TIHC Coordinating Council Meeting Minutes January 25, 2024 3:00-3:30 pm on zoom

This meeting was only 30 minutes long today, as the rest of the usual 1.5 hour meeting was a focus group conducted by Nonprofit Solutions Associates with our CC team.

Present: Sheila M, Heather C, Laurie L, Jenifer U, Jacqui O, Ruth E.

Main focus of meeting was introducing our newest CC member, Jacqueline Oullette, Director of the Behavioral Health Unit at Cooley Dickinson to everyone and getting to learn more about her. We did have a short discussion about the use of language, and how "trauma-informed" has become like wallpaper, which can be problematic and lose its importance. Also, how more and more people are being impacted by traumatic community events like the pandemic or climate disasters, so more people are feeling traumatized and need support.

The rest of our time (with more folks joining at 3:30 pm) was a focus group. That information will be summarized and incorporated into our work on restructuring our governance and structure.

Minutes submitted by Ruth Ever