

**Trauma Informed Hampshire County:**  
A network responding to adverse childhood experiences by building resilience

## Minutes

Thursday, Jan. 27, 2022

1:00-3:00 p.m.

Item	Next Steps
<p><b>Present:</b> <i>The entire SC was present for all or part of the meeting: Ariane Krumholz (CSO); Chase Giroux (CSO); Earl Miller (DMH); Heather Craig (community activist); Heather Warner (CES/SPIFFY); Jenifer Urff (MAMH); Laurie Loisel (NWDA); Melinda Caliano (HCOG/TFP); Rosie McMahan (Comm activist/therapist); Sheila Murphy (Literacy Project); Steve Brown (TSI), Ruth Ever (staff/consultant)</i></p> <p>Ice breaker: <i>most recent example of a way you take care of yourself (physically, mentally, or spiritually)</i></p>	<ul style="list-style-type: none"> <li>➤ Be more deliberate in our opening to create connection, intention, build security and mindfulness.</li> </ul>
<p><b>Formalize our committee/structure</b></p> <ul style="list-style-type: none"> <li>● Recognition that this is an interim SC, that we want to create a structure that can best support a diverse leadership and engagement from a wide sector of stakeholders. Questions asked: what are the roles and responsibilities needed? Do we need a chair/co-chairs? What tasks do we want to accomplish over next 6 months? Can we create working groups/teams and what would they be? How do we ensure that process does not impede progress?</li> <li>● <b><u>Teams: Fundraising; Programs; Governance, Policy</u></b>  <b>Fundraising:</b> Steve will chair, Melinda, Heather C, Sheila volunteered and Heather W if she can. <i>Discussion:</i> Ruth and Jenifer are working on Blue Cross Blue Shield Catalyst Fund grant, which the fundraising team can help with (note: Jenifer will be out on bereavement leave for a while). CES/SPIFFY may be able to provide another \$5,000 grant to support staffing; Heather is still looking into this. We need to approach all our legislators immediately to solicit support; Heather C offered to help with that outreach. In the meantime, Steve suggested we send a fundraising/outreach letter to all TIHC supporters soliciting donations to sustain our work. Maybe a \$200-\$500 ask. Funds are</li> </ul>	<ul style="list-style-type: none"> <li>➤ Adopted this team as the formal Interim Steering Committee</li> <li>➤ All teams should plan a meeting asap</li> <li>➤ each team should meet to begin work.</li> <li>➤ create email inviting entire listserv to get involved on any of the teams</li> <li>➤ Fill out the Skill set form <a href="#">SC Skills worksheet.docx</a>)</li> </ul>

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running out immediately: the last \$2,500 quarterly funds end now, which has been paying for Ruth's time.

**Programming:** Chase will chair. *Discussion:* People come to monthly network meetings to learn and be in community. The Programming team can work on the agendas/speakers each month. There might be other events happening that we could try to co-sponsor or be engaged with to build collaboration and exposure. Other ideas: what kinds of trauma related bills are being supported by the legislature; someone from CTIPP come to speak about federal level legislative agenda; the practitioner who does Havening can be invited back (she was postponed last year).

**Governance:** Melinda will chair. Heather W and Heather C volunteered. *Discussion:* what structure best supports the most inclusion and engagement from the widest stakeholders. Sociocracy, steering committee, some other structure? subcommittees/teams for now but that could change in future too.

**Policy:** Jenifer will chair and will reach out to those who had expressed interest in the past.

- Inclusivity and equity issues need to cut across and be overlaid in everything we do, so it won't be a separate team or committee. Earl, Rosie and Heather C offered to help keep the focus on this and ensure that we are using this filter and infusing all our work with it and keeping this central to our priorities. Earl offered support through a large group at DMH who are focused on this. We could use their support to look at race equity and inclusion in more depth.

### **Planning the full TIHC network meetings**

Proposed dates: March 10 for next one, then April 14 from 1-2:30.

**Next Steering Committee Meetings:** 2/24; 3/24; 4/28; 5/26; 6/23 from 1-3 pm. On zoom until further notice.

<https://us02web.zoom.us/j/83954720597?pwd=UGY4UzhVaFRRM0dFK1g0WUIPcHBVdz09>

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