

Trauma Informed Hampshire County: A network responding to adverse childhood experiences by building resilience

Minutes

Thursday, February 11, 2021

1:00-2:30 p.m.

Item	Outcomes/Next Steps
<p>Introductions <i>Present: Ruth Ever, TIHC Staff/consultant; Heather Warner, SPIFFY/CES; Laurie Loisel, Northwestern DA's Office; Jenifer Urff, Massachusetts Association for Mental Health; Chase Giroux, Clinical and Support Options; Steve Brown, Traumatic Stress Institute of Klingberg Family Centers; Geoff Naunheim, United Way of Hampshire County; Lexi Polokoff, SPIFFY; Susan Cook, South Hadley Drug and Alcohol Prevention Coalition; Ariane Krumholz, CSO; Honora Sullivan-Chin, Northampton Police Department; Y'aneris Olivencia, Massachusetts Association for Mental Health; Jenny Bender, CCRT</i></p> <p>Ice breaker--connecting us to our roots--Chase led a meditation and sharing on why we do this work and how TIC feeds us. Among the responses: it's a human right, dignity, better outcomes, teaches us kindness, energy we get from it, etc.</p>	<p>➤ Be connected to each other as we do this work</p>
<p>Sustaining Our Work: The Roadshow</p> <ul style="list-style-type: none"> ● What's been happening--numbers and feedback Ruth shared a summary of the 70+ evaluations that have come in from the presentations to over 200 people with 7 presentations, 2 more scheduled and about 10 other groups that have expressed interest. They have been overwhelmingly positive with the interactive parts being the most appreciated. ● Reviewing our list of targeted organizations--Laurie led us in a brainstorming of who else we might reach out to. We could write up a description specifically for non-teaching staff at schools like bus drivers and cafeteria workers and reach out to relevant groups like bus companies. We'd like to promote the bilingual slides that were created--are there relevant groups who would be interested? We also discussed reaching clergy, maybe through Interfaith Council? And primary care physician STAFF, reached through the hospitals or other ways? Also need to be sure we are including private school staff. 	<p>➤ Continue outreach, if you know someone at an agency, personal offering and outreach is most effective.</p>
<p>Prelude to a Strategic Plan</p> <ul style="list-style-type: none"> ● Heather led us through a historical summary of our visioning work from about 3 years ago. Questions still asking: what kind of impact/role do we hope TIHC will have? How might COVID shift how we approach our TI communities and care work? 	<p>➤ We are getting ready for an in-depth strategic planning process,</p>

<ul style="list-style-type: none"> ● In brief breakout groups, we discussed these issues broadly and came up with the following ideas/report outs and recognition on how things have changed since 3 years ago: <ul style="list-style-type: none"> ○ social justice and equity issues should have more central prominence in our work now ○ systemic and institutionalized trauma are more recognized now. ○ we want to integrate these pieces and be culturally sensitive and competent ○ part of an equitable approach to trauma includes thinking about who is not at the table and should/could be ○ COVID is providing us all with a collective traumatic experience, creating an opportunity for shared experiences and connection in moving the trauma issue forward. How do we take advantage of this? Also, the inequity issue with POC dying at double the rate of whites from COVID. ○ Put some focus on kids and families to both prevent future trauma or lessen impact of any trauma being experienced; can we create youth support and direct outreach to them? ○ while we are doing public education, we must also work at the policy level. TIHC has breadth in the room and we're able to connect dots and leverage our relationships for wider systems change. eg could we get the Surgeon General to take on trauma?! ○ can we influence data collection more? MA will start collecting more trauma relevant data next year, but could we do an ACE study here in Western MA? 	<p>probably with an outside facilitator.</p>
<p>Other--any updates from others or TIHC</p> <ul style="list-style-type: none"> ● Sue Cook pointed out that if we need materials, she has funds to support this. For eg pens or similar with the TIHC or other relevant info printed on it that we can send out, or posters with basic important trauma prevention messages on them for hampshire county agencies, organizations, or flash drives with preloaded resources on them that we can share. <p>Next Network Meeting March 11 from 1-2:30p.m.</p>	<p>➤ Future full Network meetings will be monthly on the second Thursday from 1-2:30 pm</p>