

Trauma Informed Hampshire County: A network responding to adverse childhood experiences by building resilience

Minutes

Thursday, May 13, 2021
1:00-2:30 p.m.

Item	Next Steps
<p><i>Present: Ruth Ever, TIHC Staff/consultant; Heather Warner, SPIFFY/CES; Laurie Loisel, Northwestern DA's Office; Jenifer Urff, Massachusetts Association for Mental Health; Geoff Naunheim, United Way of Hampshire County; Lexi Polokoff, SPIFFY; Heather Crawford, Early Childhood Mental Health@CES; Kelly Broadway, CCRT & CSO; Melinda Calianos, MTCP; Steve Brown, Trauma Institute; Honora Sullivan, Northampton PD; Lisa Goldsmith, SPIFFY Coordinator.</i></p> <p><i>Regrets: Chase Giroux, Clinical and Support Options, Ariane Krumholz, CSO</i></p> <p>Ice Breaker today: Good book or TV show or movie that's been helping you get through the pandemic. Some of the things we named (including from our planning mtg group): Haunting of Bly Manor (Netflix); Schitts Creek(Netflix); Silicon Valley; Rebecca Dumas (?), Queen's Gambit; How to Change Your Mind by Michael Pollan; These Truths by Jill LePore; Zoey's Extraordinary Playlist; Leaving Isn't the Hardest Thing by Lauren Hough; Inner Work of Racial Justice by Rhonda Magee; The Dutch House by Anne Patchett (and the audio version read by Tom Hanks); Shuggie Bain by Douglas Stuart.</p>	<ul style="list-style-type: none"> ➤ Be connected to each other as we do this work
<p>Presentation by Alison Cebulla, PACES Connection</p> <p>To watch the recording of the meeting and Alison's presentation: CLICK HERE and if needed use password: &7ne4&kW</p> <p>Summary:</p> <ul style="list-style-type: none"> ● ACES changed to PACES (Positive and Adverse Childhood Experiences) Connection to reflect the resiliency and known protective things we can and do do! ● When we think about next steps, Alison reminded us to be sure the basics are covered first: does every member here have an understanding of PACES science? Every parent, public health official, politician, business owner, etc? ● Do we have full buy in from every member agency at the table? ● Have we integrated the positive part of PACES into our roadshow presentation? ● We are absolutely in a position to be a leader on this issue statewide. 	<ul style="list-style-type: none"> ➤ Core team will review the ideas and keep planning for next steps in this strategic planning process. ➤ Everyone is encouraged to look over the Inclusion Tool and fill in some parts of it or make other suggestions.

<ul style="list-style-type: none"> ● Use the Inclusion Tool to be sure we have all relevant parties at the table in some way; join the PACES Community Milestone Tracker group to be part of a more focused membership that supports each other, shares data in deeper way, have access to more support and information (\$5,000 yearly membership fee). ● Look to foundations for support. ● Almost any collaboration is possible when you are clear on your mission and consistent with your work and visibility. ● Think about regular open meetings and public community events to draw people in and raise issues visibility too. ● Be careful about difference between aggregate data from groups doing the ACE survey (which can be helpful and informative) and individual survey results, which is not predictive of future health outcomes and can be traumatic itself if follow up is not built in or possible. See www.Numberstory.org for more info about survey numbers.. 	
<p>Debrief from last month and today</p> <ul style="list-style-type: none"> ● In our last ½ hour or so, we reflected on what we had heard from the UMass Medical Trauma Center folks last month along with what we heard today. Key points: ● There are multiple ways to approach this work; for eg if we want to reach caregivers or providers it might make most sense to go through existing relationships and agencies already working with the targeted groups. For eg it's very challenging to reach parents, but we can work with groups that already do and offer our work. United Way or similar funders might be more likely to fund targeted work eg trauma training roadshow for all nurses or school staff in county than something very broad like what we are offering right now. Or perhaps our training can be offered to all grant recipients from all local foundations, as an essential training. ● We are likely to be eligible for the post COVID relief funding that is coming out so should watch for that and try to apply. ● Let's get an update on the Resilience Hub Center in Northampton next month! 	➤
<p>Next Network Meeting June 10 1-2:30 pm. Presentation by Rosie McMahan (and a member of TIHC too!) on her newly published book about trauma and resilience and healing called <i>Fortunate Daughter</i>. You can order from any independent local bookseller but it's not necessary to attend. We will likely skip meetings in July and August so please try to come in June! We will also spend a little time getting updates on the Resilience Hub and more. Zoom Link: Topic: TIHC Network Meeting</p>	➤ Full Network meetings are monthly on the second Thursday from 1-2:30 pm

Time: Jun 10, 2021 01:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/82643707025?pwd=YTJ4NWtGRzZ6RU1lOVNlUdi9ZaWxYQT09>

Meeting ID: 826 4370 7025

Passcode: 484629