



A network responding to adverse childhood experiences by building resilience

Coordinating Council Meeting
Minutes
 Sept 14, 2023 on zoom

Present: Ariane Krumholz, CSO; Laurie Loisel, NWDA; Ruth Ever, TIHC; Chase Giroux, CSO; Heather Warner, MTCP; Heather Craig, community member; Sheila Murphy, Literacy Project; Jessica Cox, TIHC intern/Smith Fellow
 Regrets: Jenifer Urff, MAMH

Agenda item/Action	Next Steps/Decisions
<p>Welcome and ice breaker question: what is something you did recently to feed yourself culturally/through the arts?</p>	
<p>Budget</p> <p>Last year the earmark came through DPH, but it appears to have been moved to DESE (Dept of early and secondary education). It is not yet clear what is happening or where funds are; Heather W is looking into it as it looks like \$20K came through instead of the expected \$35K.</p> <p>Heather C mentioned the Nathan Markham fund for social equity and wondered if we might be able to receive some funds if need be. Cooley Dickinson’s community benefits grants were also mentioned, but no one knew what the theme for this year is and if we might be eligible.</p> <p>Regional Conference</p> <p>We discussed: our capacity to take this one, who’s in our community now? Would there be the same co-sponsors as last time in 2018, ie NWDA, CSO, Cooley, CES/SPIFFY, Servicenet, United Way, DMH. Need at least a year to plan. Note that the NWDA’s office will be hosting a Safe and Healthy Schools Summit, probably in Spring 2024 and theme will be trauma related, so we might be able to help sponsor and be involved, or maybe it could be delayed to fall 2024? Or we could wait until Fall of 2025 (2 years from now). Overall, there is enthusiasm for a regional conference if we have enough</p>	<p>Heather W will keep investigating and stay in communication with Ruth on budget. They will create a budget.</p> <p>Ruth will continue to work with grant/development dept at the Consortium to look for other grants.</p> <p>Ruth will look into creating a timeline.</p> <p>We need a chair and task force once we commit to doing this.</p> <p>Intern might be able to do some research over the winter to help find space, speakers, costs, etc.</p>

<p>support. Big questions to answer: Who is it for? What is the purpose? What are we reaching for?</p> <p>Heather C suggested and others agreed, that this is a good time to focus on the governance/restructuring project and let the film series naturally grow and connect more people and maybe a conference will grow out of it. Get feedback from people as we engage with them through projects, on what their interests would be re: conference or speaker series, etc. Create an action-oriented committee now that has ongoing projects that can grow into a larger event.</p> <p>Create a backwards timeline to work our way back from a conference date to help with planning. Various names mentioned: Minaa B on persistent institutional trauma and healing; Fleet Mall (sp?) from Hatfield who works with cops and Thomas Hubel</p>	
<p>TIHC Meetings for this year:</p> <p>Overall: should we have a theme for the year? Ideas include:</p> <ol style="list-style-type: none"> Secondary or tertiary or collateral trauma and support (<i>film: Prof Caregivers</i>) Breaking isolation; loneliness as a trauma/health hazard (<i>film: The Antidote; Join or Die</i>) Parenting support around trauma/raising resilient healthy children/families (<i>film: The Disruptors</i>) Social Justice as core of trauma responsiveness (<i>film: Who We Are</i>) Re-establishing the Assessment Tool (<i>pre-Covid tool, Survival Center interested</i>) Promoting the two Roadshows (<i>Community and Family</i>) <p>Topic Ideas for meetings:</p> <p>Handle with Care Grief Regional refugee resettlement Group Peer Support (GPS) concept Secondary/tertiary trauma support</p> <p>Bigger topics could be spread over two meetings, or there could be an initial presenter, then create smaller salon meetings where people who are interested in continuing the conversation can meet in smaller more intimate groups.</p>	<p>No decision was made but there was interest.</p> <p>Ruth, Jenifer and Sevi will present on the new roadshow at the Oct. 12 meeting</p>

<p>Show one of the films, then create follow up salon meetings for more discussion on same theme.</p> <p>Other purpose of the full network meetings is to educate people about initiatives in the community.</p> <p>Could we offer to meet in person? Maybe take a poll and see what is interest in an in-person or hybrid meeting. Could we meet in other locations like Chesterfield, Belchertown, Ware?</p> <p>Programming team suggests that the first meeting on Oct. 12 should focus on a longer check-in, then present on the new parent roadshow program.</p> <p>It's important for us to get on the agenda of other meetings across the county to become more visible to a wider audience.</p>	<p>Ruth will create a short survey/questionnaire about meeting in person and location.</p> <p>Ruth will begin reaching out to diff coalitions and contacts in various towns.</p>
<p>Film Series:</p> <p>Programming team has picked:</p> <p>1) Portraits of Professional Caregivers (2015). Interviews with social workers, first responders, etc on the secondary trauma they experience and what we need to do about it. Could partner with various groups like Smith Social Work, etc. It's maybe been shown before around here since it's 8 years old, but lots of people probably haven't seen it. 75 min</p> <p>2) Who We Are (2021)-- a film about Jeffrey Robinson, a AA lawyer who spoke about racism in America and gives background, etc. Might work well at Amherst Cinema? \$495 to show publicly. 118 min</p> <p>3) The Disruptors (2021)--about ADHD and how it's been stigmatized, misunderstood, etc including interviews with many famous people who used their ADHA gifts. 90 min</p> <p>4) Join or Die (2023)--centers around Robert Putnam of Bowling Alone and how we need to be connected to prevent loneliness and trauma. Just came out, no pricing yet, but I requested an estimate. 87 min</p> <p>5) The Antidote (2020) --what will save our country and democracy is kindness! 101 min</p> <p>Locations being discussed: Northampton, Smith college, Amherst Cinema, Hadley Senior Center, Ware, Easthampton.</p>	<p>Programming team will continue to organize.</p> <p>Ruth and intern Jess will work on finding locations and dates, creating flier, finding cosponsors, etc.</p>
<p>Governance/Restructuring Project: is moving forward. Several CC members are part of it and also recruiting others from wider circles to create a Design Team.. Heather C, Heather W, Ruth, Ariane met with the consultants at Nonprofit Solutions this week to begin planning. First official meeting will be in October.</p> <p>Next CC meetings: still being organized. stay tuned!</p>	<p>Design Team will continue to meet and work with consultants. Ruth looking for grants to continue funding all phases of the project.</p>

