

**Trauma Informed Hampshire County: A network responding to adverse childhood experiences by building resilience**

# MINUTES

**Thursday, December 3, 2020**

2:00-3:30 p.m.

Time	Item	Goals/Actions
I. 2:00 p.m. (15 min)	<p><b>Introductions</b></p> <p>-(please sign in the chat, name, org or affiliation)  <i>Present: Heather Warner, Jenifer Urf, Ariane Krumholz, Ruth Ever, Chase Giroux, Geoff Naunheim, Laurie Loisel, Steve Brown, Rosie MacMahon, Lisa Solowiej, Kelly B, Anne Marie Marineau, Caitlin, Ananda Lennox</i></p> <p>-ice breaker: Would you rather...? be at the beach or mountains; be funny or smart; have more money or more time; be a child or an adult all the time? The group split on all the answers making it very interesting.</p>	<ul style="list-style-type: none"> <li>✓ Be connected to each other as we do this work</li> </ul>
II. 2:15 (25 min)	<p><b>Representative Lindsay Sabadosa</b></p> <p>Lindsay shared her work advocating in the house legislature for amendments and policies that will better prevent and treat trauma that would include better access to health care, housing, etc. which can all impact trauma in our communities. She has been working with the National Assoc. of Social Workers on how to best respond to people in crisis and answering the question of what we can do other than calling the police? There was an amendment filed during the policing debate about reallocating funds to enable us to call in others when it's not a violent or emergency situation. We discussed the numerous challenges this brings up--urban vs rural needs, being sensitive to needs of BIPOC, how to keep most folks out of the criminal justice system, accessing federal funds, using existing networks and resources and the new 988 call system that is starting.</p> <p>She will send us a draft of the document and would welcome our feedback. She said that while some legislators are sensitized to trauma informed work, many are not and could use more education, so that any piece of legislation coming out will include both a trauma informed and racial justice lens. Jenifer pointed out that the Children's Mental Health Campaign has already created a framework to address this that we can promote. Read more here:</p>	<ul style="list-style-type: none"> <li>✓ <i>Connection with Legislators</i></li> <li>✓ <i>Expand support for Trauma Informed approaches</i></li> <li>✓ Jenifer U is the new chair of a Policy Subcommittee forming. Anyone interested can email: <a href="mailto:jeniferurff@mamh.org">jeniferurff@mamh.org</a></li> </ul>

	<p>Rosie pointed out that Somerville is a model for much of this and worth exploring what they are doing.</p>	
<p>III. 2:40 (10 min)</p>	<p><b>Steven Trudel Fund and SPIFFY funding</b>          -After his death, a fund was established to support work like ours, and we have received a generous gift to support staffing for TIHC (5hrs/week), along with some funds that CES is contributing. Ruth Ever, a long-standing member of our network, has been hired to fill the position and focus on organizing presentations for the Resilience Roadshow, generally following up on our work and helping to move us forward, which could also put us in a better position to get other grants or funds. Some funds are also being set aside to pay stipends to roadshow facilitators who are volunteering their time (instead of being able to do it on work time) so they can be paid.</p>	<p>✓ New Email:  <a href="mailto:HampshireTIHC@gmail.com">HampshireTIHC@gmail.com</a></p>
<p>IV. 2:50 (30 min)</p>	<p><b>Discuss Resilience Roadshow Presentations Building Trauma Informed Communities</b>          -The overall evaluation responses have been resoundingly positive. After discussion, the following were clarified and agreed upon: there will be no expectation that the facilitators need to customize the workshop for each agency (but they can!) except maybe adding one slide on “what can you do” for that agency; this will work best for non-teaching school staff since the teaching staff generally have/need much more in-depth training on this; it should work well for youth programs and other youth groups; there is some minor tweaking in language on the slides.          Brainstormed groups to reach out to and offer the Roadshow:          DA’s office/Probation/criminal justice focused groups as one workshop          DMH Board (Anne Marie will inquire)          Elks Club (Ruth has connection)          League of Women Voters          Lions Club          Rotary Club          RMV          Boys and Girls Clubs          Unemployment offices          YMCA          Supermarkets: Stop and Shop, Big Y, River Valley, Big E’s          Hamp Cty Food Policy Group (Caitlin)          Chambers of Commerce (all towns in Hamp Cty)          Survival Center Volunteers          Other groups that have a cadre of volunteers (RSVP, ??)          Amherst Survival Center (Lisa)</p> <p>Other outreach beyond email could include a letter to editor, an offer to train trainers for other counties so they can do it themselves.</p>	<p>✓ Feedback</p> <p>✓ Ruth will tweak the language on a couple of slides</p> <p>✓ Ruth will follow up on everyone who expressed interest in having the workshop at their org. and with the past trained facilitators to gauge ongoing interest.</p> <p>✓ The <b>zoom</b> meeting can be done from Heather’s, Laurie’s or Steve Brown’s accounts</p>

V. 3:20  
(10 min)

**Other Business**

-We ran out of time, but note:  
Trauma Research Foundation is showing movies all week that  
are related to trauma and part of a special showing.

Next Full TIHC Meeting: THURSDAY JAN. 14, 2021 @  
1:00-2:30 PM.