



A network responding to adverse childhood experiences by building resilience

Network Meeting

Minutes

Feb 9, 2023 on zoom

Present: Ariane Krumholz, CSO; Laurie Loisel, NWDA; Ruth Ever, TIHC; Lisa Goldsmith, SPIFFY; Jenifer Urff, MAMH; Steve Brown, Traumatic Stress Institute; Rosanna, CES Early Childhood; Heather Warner, HFTFCP; Lisa Pineo, CSO; Chase Giroux, CSO; Alexandra Mello, Food Policy Council; Amanda Consigli, CDCF/NEHIDTA; Arianna Palano, Ware; David Burns, Palmer Police; Elena Cohen, Sen Comerford; Francheska Bermudez, WMPH; Jen Jarrell, Healthy Families; Jennifer Reid, NWDA; Kim Tran, Hatfield PS; Kris Hoag, DFC/BUOY; Lily Stow-Alekman, Rep. Domb; Risa Silverman, UMass SPH; Rossana Salazar, CES; Sheila Murphy, The Literacy Project; Steve Gagne, NWDA; Taylor McAndrew, Hampshire HOPE; Travis Maider, CSO Clinician

<p>DEI exercise <i>as a lead-in to the presentation today</i></p>	<p>In your personal, family or cultural experience, what are some barriers that might or have gotten in the way of someone seeking mental health care or support? 6 minutes in groups of 3. Some things people posted/mentioned: access, shame, stigma, secrecy</p>
<p>Presentation/Education</p>	<p>Lisa Pineo, LMHC, and Clinic/CBHC Director at CSO (Community&Support Options) Director of the Northampton Community Behavioral Health Center. See attached slide show. Summary: CBHCs are part of a new centralized “front door” access to mental health services in MA. MassHealth (and those with private insurance) can get same day services by simply walking into the clinics and getting an immediate assessment and then connected to services like support groups or counseling. Crisis services are now located in same building to allow for ease of collaboration. State is working on streamlining for things like billing too, simplifying whole approach, paying staff decently and on salary to ensure engagement at all levels (no fee for service contractors). Open to all ages from 5 years and up, available in all languages with Genie App. There are 6 centers like this in state, 4 are now CBHCs. Wait times for intakes are still less than ½ hour and people get services right away. There was a lot of excitement about this and sense of a new approach to the whole field. Some of the slides are available to view HERE</p> <p>Links mentioned: Roadmap for Behavioral Health Reform: https://www.mass.gov/roadmap-for-behavioral-health-reform National Suicide Prevention LifeLine: https://988lifeline.org/current-events/the-lifeline-and-988/ Statewide Behavioral Health access number</p>

<p>Conference Brainstorm</p>	<p>We broke into two groups for some brainstorming about presenters, topics, formats and outcomes as we begin to plan a regional conference. Ideas that came up:</p> <ul style="list-style-type: none"> ● Clinicians would like to see more on DV and immigration needs ● would like to see a wider audience; can we attract a more diverse audience and then later involvement in our group? ● There is a local group looking at medical racism. Trauma on people's bodies from racism and other isms, somatic reasons of trauma and tying to ACES and PACEs ● The conference itself should be TI: so we have time to integrate, have choices, have opps for connection; have support animals; have clinicians available ● Have a series of events or activities instead of one big conference and in this way we may be able to incorporate more diverse groups and people with lived experience?
	<p>Next TIHC network meeting is Thursday March 9 1:00-2:30 pm. Presenters will be Travis Marder from CSO Co-Responders Teams and Earl Miller, Amherst CRESS talking about alternatives to policing options in Amherst. Zoom Link HERE.</p> <p>Coordinating Council meeting is Thursday Feb. 23 with a short presentation and discussion with Kristel Applebee from the Western MA Training Consortium re: TIHC joining the Consortium to have ongoing fiscal and administrative support as we grow. Anyone is welcome to join us. Email Ruth for the link.</p>